



Monday 4th Sept		Tuesday 5th		Wednesday 6th		Thursday 7th		Friday 8th	
29		1		1	Green Salad	1	Diced Tomatoes	1	Rice Salad
2	HOLIDAYS	2	HOLIDAYS	2	Pasta Bolognaise	2	Tortilla with Fresh salad of the day	2	Margherita Pizza & Chips
2		2		2	Pasta with Tomato Sauce	2	Tortilla with Fresh salad of the day	2	Margherita Pizza & Chips
3		3		3	Jelly	3	Ice Cream	3	Seasonal Fruit
Monday 11th		Tuesday 12th		Wednesday 13th		Thursday 14th		Friday 15th	
1	Mixed Salad	1	Green Salad	1	Gazpacho	1	Tomato & Cucumber Sticks	1	Russian Salad
2	Pasta Napolitana & Garlic Bread	2	Chicken Wraps With Potato Salad	2	Hake Fillet in sauce with Vegetables & Wedges	2	Chilli Con Carne & Rice	2	Irish Beefburger & Chips
2	Pasta Napolitana & Garlic Bread	2	Veg Wraps with Potato Salad	2	Battered Vegetables With Wedges	2	Vegetarian Chilli With Rice	2	Veg Burger & Chips
3	Fruit yoghurt	3	Fresh Fruit	3	Drinking Yogurt	3	Ice Cream	3	Seasonal Fruit
Monday 18th		Tuesday 19th		Wednesday 20th		Thursday 21st		Friday 22nd	
1	Mixed Salad	1	Greek Salad	1	Tomato & Cucumber	1	Green Salad	1	Pasta Salad
2	Pasta Carbonara	2	Sausages, Mash & Beans	2	Battered Hake With Pots & Veg	2	Beef Burito & Rice	2	Chicken Pinchitos & Chips
2	Veg Carbonara	2	Veg Sausages, Mash & Beans	2	Battered Vegetables With Wedges	2	Veg Burito & Rice	2	Roasted Vegetables & Chips
3	Custard	3	Seasonal Fruit	3	Drinking Yoghurt	3	Ice Cream	3	Fruit
Monday 25th		Tuesday 26th		Wednesday 27th		Thursday 28th		Friday 29th	
1	Mixed Pepper Salad	1	Diced Tomatoes	1	Gazpacho	1	Green Salad	1	Tomato & Cucumber
2	Meatballs in Sauce & Pasta	2	Chicken in Breadcrumbs With Pasta Salad	2	Hake Fillet in Garlic & Parsley with Vegetables & Wedges	2	Tortilla & Pasta Salad	2	Chicken Hot Dogs & Chips
2	Veg Balls & Pasta	2	Breaded Veg with pasta Salad	2	Battered Vegetables With Wedges	2	Tortilla & Pasta Salad	2	Veg Dog & Chips
3	Jelly	3	Seasonal Fruit	3	Drinking Yoghurt	3	Ice Cream	3	Fresh Fruit



LUNES		MARTES		MIERCOLES		JUEVES		VIERNES	
1	Ensalada	1	Tomate Picado	1	Ensalada Griega	1	Ensalada Mixta	1	Palitos de Zanahoria & Pepinío
2	Pasta Boloñesa	2	Estofado de Tenera & Patatas	2	Pescado Frito, gajos y verdura salteada	2	Pollo al curry con arroz	2	Burger de Ternera & Patatas
2	Pasta Con Tomate	2	Estofado de Verdura & Patatas	2	Roll libre de carne, gajos y verdura salteada	2	Curry de verduras con arroz	2	Burger de Verduras & Patatas
3	Fruta de Temporada	3	Yogur Bebible	3	Fruta de Temporada	3	Tarta	3	Fruta de Temporada
LUNES		MARTES		MIERCOLES		JUEVES		VIERNES	
1	Ensalada Mixta	1	Tomate Picado	1	Pasta Salad	1	Green Salad	1	Russian Salad
2	Lasaña & pan de ajo	2	Pavo asado, patatas al horno, verduras & salsa	2	Fish Cakes with Salsa, wedges & Vegetables	2	Chili con Carne with Rice	2	Margarita Pizza
2	Lasaña vegetariana & pan de ajo	2	Quorn Turkey, Patatas al horno, verduras & salsa	2	Cheese & Onion Bake with Wedges & Vegetables	2	Vegetarian Chili with Rice	2	Margarita Pizza
3	Fruta de Temporada	3	Yogur	3	Seasonal Fruit	3	Cake	3	Fruit
LUNES		MARTES		MIERCOLES		JUEVES		VIERNES	
1	Mixed Salad	1	Cucumber & Tomato Salad	1	Cream of Pumpkin Soup	1	Green Salad	1	Pasta Salad
2	Pasta Carbonara with Turkey	2	Homemade Cottage Pie with Peas	2	Hake Fillets in batter, wedges & sauted vegetables	2	Chicken & Vegetable Wraps & Nachos	2	Fried Egg, Chips & Beans
2	Creamy Pasta	2	Homemade Vegetarian Cottage Pie with Peas	2	Meatfree roll, wedges and vegetables	2	Vegetable Wraps & Nachos	2	Fried Egg, Chips & Beans
3	Seasonal Fruit	3	Natilla/Custard	3	Seasonal Fruit	3	Cake	3	Seasonal Fruit
LUNES		MARTES		MIERCOLES		JUEVES		VIERNES	
1	Mixed Pepper Salad	1	Mixed Salad	1	Cream of Vegetable Soup	1	Diced Tomatoes	1	Carrots & Cucumber Sticks
2	Spaghetti & Meatballs	2	Chicken Paella	2	Fish Cakes with Salsa, wedges & Vegetables	2	Beef Burritos & Rice	2	Chicken & Turkey Hot dogs & Chips
2	Spaghetti in Tomato Sauce	2	Vegetarian Paella	2	Cheese & Onion Bake with Wedges & Vegetables	2	Vegetarian Burritos & Rice	2	Vegetarian Hot Dogs & Chips
3	Seasonal Fruit	3	Rice Pudding	3	Seasonal Fruit	3	Cake	3	Fruit